

BUKU PANDUAN PENGUNAAN INOVASI SISTEMATIK



**UPTD PUSKESMAS
SETIAMEKAR**



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KATA PENGANTAR

Dengan menyebut nama Allah SWT yang Maha Pengasih lagi Maha Penayang, kami panjatkan puja dan puji syukur atas kehadiran-Nya, yang telah melimpahkan rahmat, hidayahnya kepada kami, sehingga kami dapat menyelesaikan pembuatan modul penggunaan SISTEMATIK (Skrining Status Gizi Balita Lewat Media Sosial Tiktok).

Modul ini dibuat untuk mempermudah penggunaan SISTEMATIK (Skrining Status Gizi Balita Lewat Media Sosial Tiktok). Kami mengucapkan banyak terima kasih kepada semua pihak yang telah berkontribusi dalam pembuatan makalah ini. Terlepas dari semua itu, kami meyakini bahwa masih banyak kekurangan baik dari segi susunan kalimat maupun tata bahasanya. Oleh karena itu kami menerima dengan senang hati atas saran dan kritik dari pembaca agar kami dapat memperbaiki modul ini.

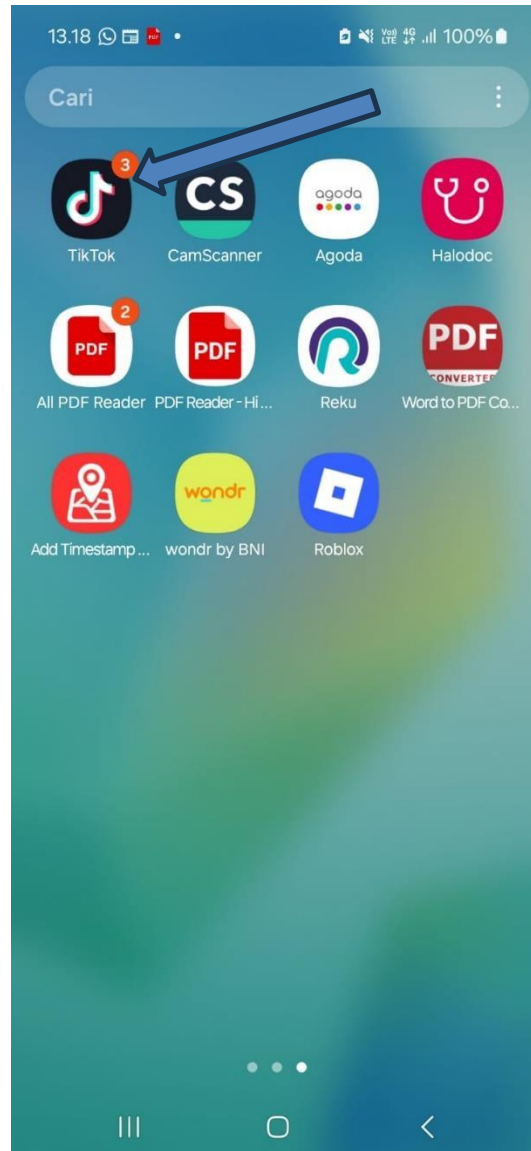
Akhir kata kami berharap semoga modul penggunaan SISTEMATIK (Skrining Status Gizi Balita Lewat Media Sosial Tiktok) dapat bermanfaat bagi masyarakat.

Bekasi, Januari 2024

Penyusun

Tata cara penggunaan SISTEMATIK (Skrining Status Gizi Balita Lewat Media Sosial Tiktok).dengan urutan sebagai berikut :

1. Buka Aplikasi tiktok



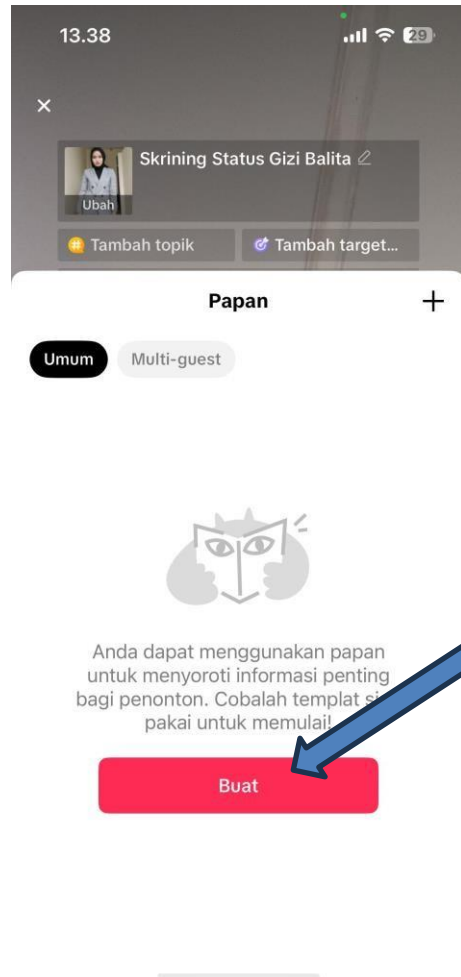
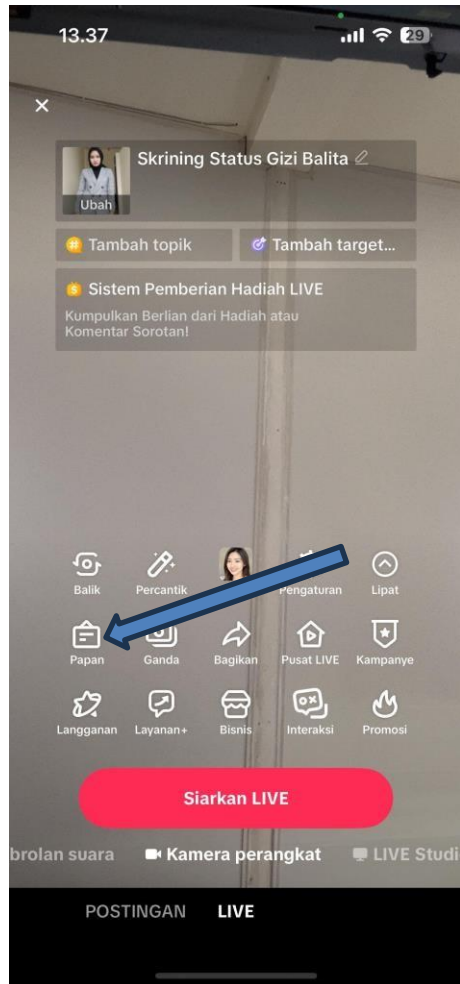
2. Klik tanda (+)



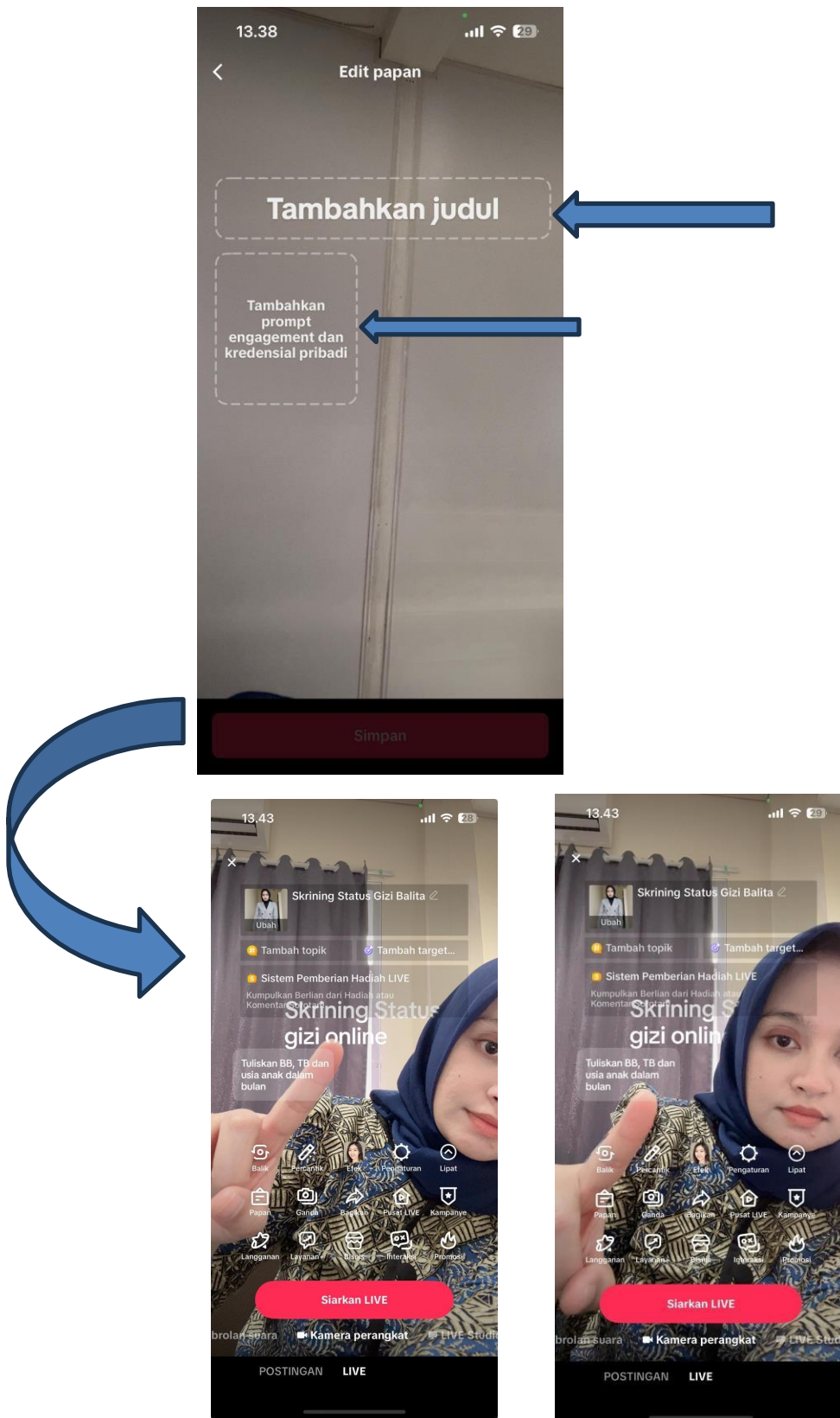
3. Tulis Judul Live



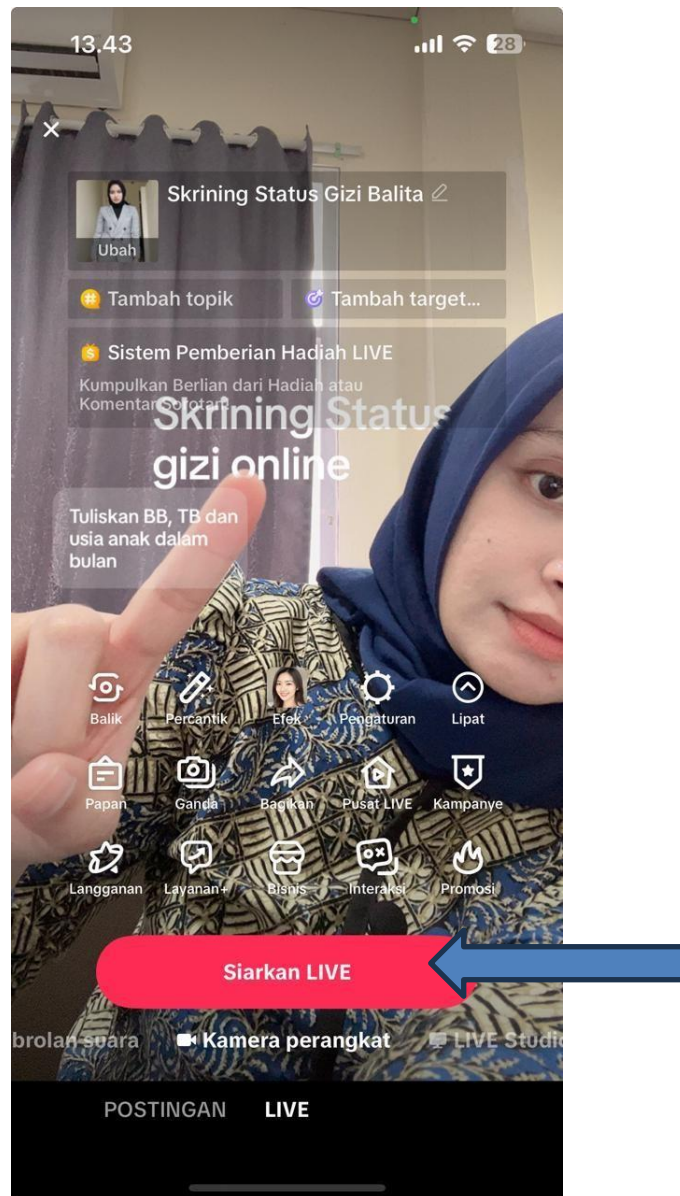
4. Klik Papan lalu klik BUAT



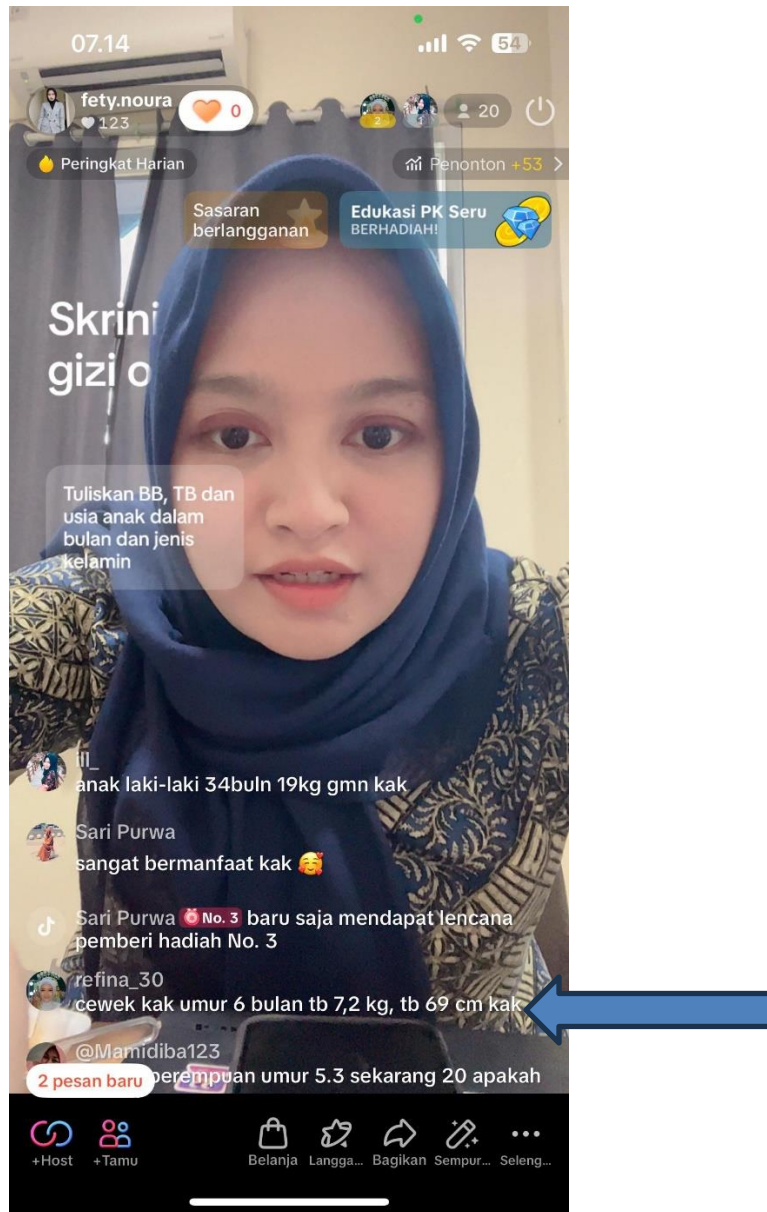
5. Tambahkan judul dan tambahkan prompt agar menarik perhatian penonton



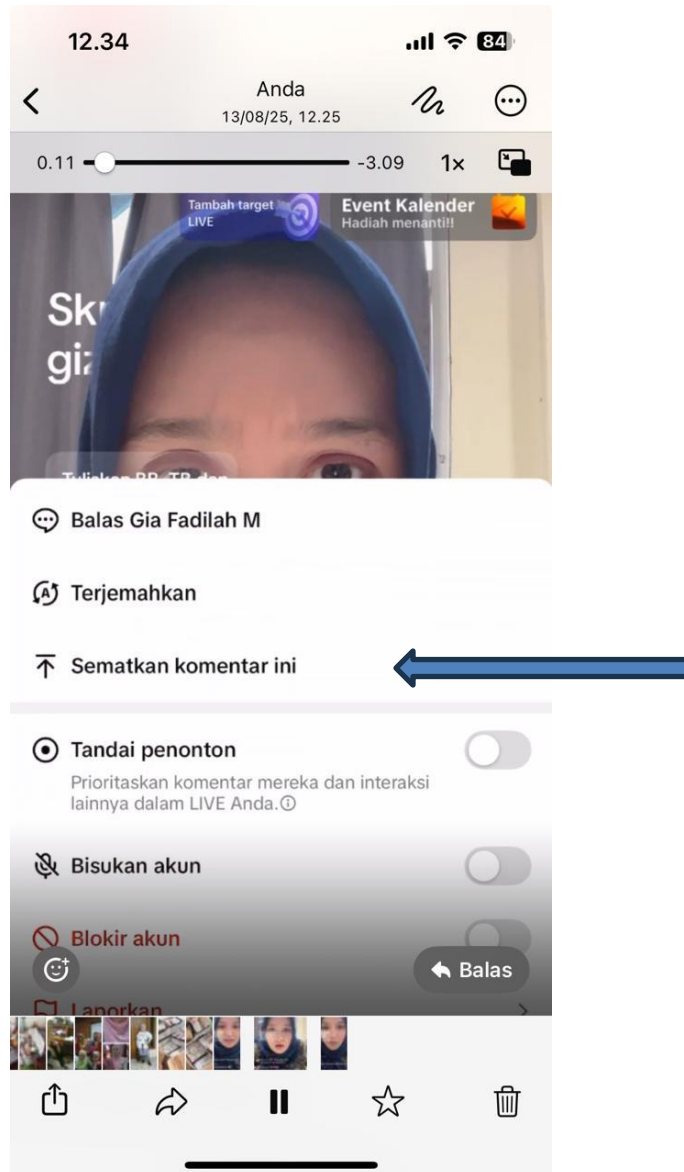
6. Klik siarkan LIVE



7. Bangun interaksi dengan penonton dengan cara menyapa memakai bahasa yang tidak baku. Sampaikan kepada para penonton untuk memberikan pertanyaan terkait skrining status gizi anak agar menuliskan data berat badan, tinggi badan, usia dalam bulan dan jenis kelamin di dalam kolom komentar.



8. Sematkan atau pilih pertanyaan teratas dengan cara mengklik pertanyaan tersebut tekan beberapa saat lalu pilih sematkan, pertanyaan yang disematkan akan bertahan di urutan teratas selama 60 detik



9. Lakukan penilaian status gizi berdasarkan panduan Permenkes no 2 Tahun 2020 Tentang Standar Antropometri Anak
- Berat Badan berdasarkan Usia (BB/U) untuk menilai apakah berat badan anak tergolong sangat kurang, kurang, normal atau resiko berat badan lebih.
 - Panjang/Tinggi badan berdasarkan Usia (PB/U atau TB/U) untuk menilai apakah tinggi badan anak tergolong sangat pendek, pendek, normal atau tinggi
 - PB/U digunakan untuk anak di bawah 2 tahun
 - TB/U digunakan untuk anak di atas 2 tahun
 - Berat badan berdasarkan panjang badan (BB/PB) digunakan untuk menilai status gizi anak usia di bawah 2 tahun apakah tergolong gizi buruk, gizi kurang, gizi baik, beresiko gizi lebih atau obesitas
 - Berat badan berdasarkan tinggi badan (BB/TB) digunakan untuk menilai status gizi anak di atas 2 tahun apakah tergolong gizi buruk, gizi kurang, gizi baik, beresiko gizi lebih atau obesitas.

Indeks	Kategori Status Gizi	Ambang Batas (Z-Score)
Berat Badan menurut Umur (BB/U) anak usia 0 - 60 bulan	Berat badan sangat kurang (<i>severely underweight</i>)	<-3 SD
	Berat badan kurang (<i>underweight</i>)	- 3 SD sd <- 2 SD
	Berat badan normal	-2 SD sd +1 SD
	Risiko Berat badan lebih ¹	> +1 SD
Panjang Badan atau Tinggi Badan menurut Umur (PB/U atau TB/U) anak usia 0 - 60 bulan	Sangat pendek (<i>severely stunted</i>)	<-3 SD
	Pendek (<i>stunted</i>)	- 3 SD sd <- 2 SD
	Normal	-2 SD sd +3 SD
	Tinggi ²	> +3 SD
Berat Badan menurut Panjang Badan atau Tinggi Badan (BB/PB atau BB/TB) anak usia 0 - 60 bulan	Gizi buruk (<i>severely wasted</i>)	<-3 SD
	Gizi kurang (<i>wasted</i>)	- 3 SD sd <- 2 SD
	Gizi baik (normal)	-2 SD sd +1 SD
	Beresiko gizi lebih (<i>possible risk of overweight</i>)	> + 1 SD sd + 2 SD
	Gizi lebih (<i>overweight</i>)	> + 2 SD sd + 3 SD
	Obesitas (<i>obese</i>)	> + 3 SD
Indeks Massa Tubuh menurut Umur (IMT/U) anak usia 0 - 60 bulan	Gizi buruk (<i>severely wasted</i>) ³	<-3 SD
	Gizi kurang (<i>wasted</i>) ³	- 3 SD sd <- 2 SD
	Gizi baik (normal)	-2 SD sd +1 SD
	Beresiko gizi lebih (<i>possible risk of overweight</i>)	> + 1 SD sd + 2 SD
	Gizi lebih (<i>overweight</i>)	> + 2 SD sd +3 SD
	Obesitas (<i>obese</i>)	> + 3 SD
Indeks Massa Tubuh menurut	Gizi buruk (<i>severely thinness</i>)	<-3 SD

Berikut lampiran sebagian dokumen Permenkes No 2 tahun 2020

- 16 -

1. Tabel Standar Antropometri Penilaian Status Gizi Anak
 - a. Tabel Standar Antropometri Penilaian Status Gizi Anak Umur 0-60 bulan

Tabel 1. Standar Berat Badan menurut Umur

16/78

Umur (bulan)	-3 SD	-2 SD	-1 SD	Median	+1 SD	+2 SD	+3 SD
0	2.1	2.5	2.9	3.3	3.9	4.4	5.0
1	2.9	3.4	3.9	4.5	5.1	5.8	6.6
2	3.8	4.3	4.9	5.6	6.3	7.1	8.0
3	4.4	5.0	5.7	6.4	7.2	8.0	9.0
4	4.9	5.6	6.2	7.0	7.8	8.7	9.7
5	5.3	6.0	6.7	7.5	8.4	9.3	10.4
6	5.7	6.4	7.1	7.9	8.8	9.8	10.9
7	5.9	6.7	7.4	8.3	9.2	10.3	11.4
8	6.2	6.9	7.7	8.6	9.6	10.7	11.9
9	6.4	7.1	8.0	8.9	9.9	11.0	12.3
10	6.6	7.4	8.2	9.2	10.2	11.4	12.7
11	6.8	7.6	8.4	9.4	10.5	11.7	13.0
12	6.9	7.7	8.6	9.6	10.8	12.0	13.3
13	7.1	7.9	8.8	9.9	11.0	12.3	13.7
14	7.2	8.1	9.0	10.1	11.3	12.6	14.0
15	7.4	8.3	9.2	10.3	11.5	12.8	14.3
16	7.5	8.4	9.4	10.5	11.7	13.1	14.6
17	7.7	8.6	9.6	10.7	12.0	13.4	14.9
18	7.8	8.8	9.8	10.9	12.2	13.7	15.3
19	8.0	8.9	10.0	11.1	12.5	13.9	15.6
20	8.1	9.1	10.1	11.3	12.7	14.2	15.9
21	8.2	9.2	10.3	11.5	12.9	14.5	16.2
22	8.4	9.4	10.5	11.8	13.2	14.7	16.5
23	8.5	9.5	10.7	12.0	13.4	15.0	16.8
24	8.6	9.7	10.8	12.2	13.6	15.3	17.1
25	8.8	9.8	11.0	12.4	13.9	15.5	17.5
26	8.9	10.0	11.2	12.5	14.1	15.8	17.8
27	9.0	10.1	11.3	12.7	14.3	16.1	18.1

- 17 -

Umur (bulan)	-3 SD	-2 SD	-1 SD	Median	+1 SD	+2 SD	+3 SD
0	2.1	2.5	2.9	3.3	3.9	4.4	5.0
1	2.9	3.4	3.9	4.5	5.1	5.8	6.6
2	3.8	4.3	4.9	5.6	6.3	7.1	8.0
3	4.4	5.0	5.7	6.4	7.2	8.0	9.0
4	4.9	5.6	6.2	7.0	7.8	8.7	9.7
5	5.3	6.0	6.7	7.5	8.4	9.3	10.4
6	5.7	6.4	7.1	7.9	8.8	9.8	10.9
7	5.9	6.7	7.4	8.3	9.2	10.3	11.4
8	6.2	6.9	7.7	8.6	9.6	10.7	11.9
9	6.4	7.1	8.0	8.9	9.9	11.0	12.3
10	6.6	7.4	8.2	9.2	10.2	11.4	12.7
11	6.8	7.6	8.4	9.4	10.5	11.7	13.0
12	6.9	7.7	8.6	9.6	10.8	12.0	13.3
13	7.1	7.9	8.8	9.9	11.0	12.3	13.7
14	7.2	8.1	9.0	10.1	11.3	12.6	14.0
15	7.4	8.3	9.2	10.3	11.5	12.8	14.3
16	7.5	8.4	9.4	10.5	11.7	13.1	14.6
17	7.7	8.6	9.6	10.7	12.0	13.4	14.9
18	7.8	8.8	9.8	10.9	12.2	13.7	15.3
19	8.0	8.9	10.0	11.1	12.5	13.9	15.6
20	8.1	9.1	10.1	11.3	12.7	14.2	15.9
21	8.2	9.2	10.3	11.5	12.9	14.5	16.2
22	8.4	9.4	10.5	11.8	13.2	14.7	16.5
23	8.5	9.5	10.7	12.0	13.4	15.0	16.8
24	8.6	9.7	10.8	12.2	13.6	15.3	17.1
25	8.8	9.8	11.0	12.4	13.9	15.5	17.5
26	8.9	10.0	11.2	12.5	14.1	15.8	17.8
27	9.0	10.1	11.3	12.7	14.3	16.1	18.1

Tabel 2. Standar Panjang Badan menurut Umur (PB/U)
Anak Laki-Laki Umur 0 - 24 Bulan

18/78

Umur (bulan)	-3 SD	-2 SD	-1 SD	Median	+1 SD	+2 SD	+3 SD
0	44.2	46.1	48.0	49.9	51.8	53.7	55.6
1	48.9	50.8	52.8	54.7	56.7	58.6	60.6
2	52.4	54.4	56.4	58.4	60.4	62.4	64.4
3	55.3	57.3	59.4	61.4	63.5	65.5	67.6
4	57.6	59.7	61.8	63.9	66.0	68.0	70.1
5	59.6	61.7	63.8	65.9	68.0	70.1	72.2
6	61.2	63.3	65.5	67.6	69.8	71.9	74.0
7	62.7	64.8	67.0	69.2	71.3	73.5	75.7
8	64.0	66.3	68.4	70.6	72.8	75.0	77.2
9	65.2	67.5	69.7	72.0	74.2	76.5	78.7
10	66.4	68.7	71.0	73.3	75.6	77.9	80.1
11	67.6	69.9	72.2	74.5	76.9	79.2	81.5
12	68.6	71.0	73.4	75.7	78.1	80.5	82.9
13	69.6	72.1	74.5	76.9	79.3	81.8	84.2
14	70.6	73.1	75.6	78.0	80.5	83.0	85.5
15	71.6	74.1	76.6	79.1	81.7	84.3	86.7
16	72.5	75.0	77.6	80.2	82.8	85.4	88.0
17	73.3	75.9	78.6	81.2	83.9	86.5	89.2
18	74.2	76.9	79.6	82.3	85.0	87.7	90.4
19	75.0	77.7	80.5	83.2	86.0	88.8	91.5
20	75.8	78.6	81.4	84.2	87.0	89.8	92.6
21	76.5	79.4	82.3	85.1	88.0	90.9	93.8
22	77.2	80.2	83.1	86.0	89.0	91.9	94.9
23	78.0	81.0	83.9	86.9	89.9	92.9	95.9
24 *	78.7	81.7	84.8	87.8	90.9	93.9	97.0

Keterangan: * Pengukuran panjang badan dilakukan dalam keadaan anak telentang

Tabel 3. Standar Tinggi Badan menurut Umur (TB/U)
Anak Laki-Laki Umur 24-60 Bulan

19/78

Umur (bulan)	-3 SD	-2 SD	-1 SD	Median	+1 SD	+2 SD	+3 SD
24 *	78.0	81.0	84.1	87.1	90.2	93.3	96.4
25	78.6	81.7	84.9	88.0	91.1	94.2	97.3
26	79.3	82.5	85.6	88.8	92.0	95.2	98.3
27	79.9	83.1	86.4	89.6	92.9	96.1	99.3
28	80.5	83.8	87.1	90.4	93.7	97.0	100.3
29	81.1	84.4	87.8	91.2	94.5	97.9	101.2
30	81.7	85.1	88.5	91.9	95.3	98.7	102.1
31	82.3	85.7	89.2	92.7	96.1	99.5	103.0
32	82.8	86.4	89.9	93.4	96.9	100.4	103.9
33	83.4	86.9	90.5	94.1	97.6	101.2	104.8
34	83.9	87.5	91.1	94.8	98.4	102.0	105.6
35	84.4	88.1	91.8	95.4	99.1	102.7	106.4
36	85.0	88.7	92.4	96.1	99.8	103.5	107.2
37	85.5	89.3	93.0	96.7	100.5	104.2	108.0
38	86.0	89.8	93.6	97.4	101.2	105.0	108.8
39	86.5	90.3	94.2	98.0	101.8	105.7	109.5
40	87.0	90.9	94.7	98.6	102.5	106.4	110.3
41	87.5	91.4	95.3	99.2	103.2	107.1	111.0
42	88.0	91.9	95.9	99.9	103.8	107.8	111.7
43	88.4	92.4	96.4	100.4	104.5	108.5	112.5
44	88.9	93.0	97.0	101.0	105.1	109.1	113.2
45	89.4	93.5	97.5	101.6	105.7	109.8	113.9
46	89.8	94.0	98.1	102.2	106.3	110.4	114.6
47	90.3	94.4	98.6	102.8	106.9	111.1	115.2
48	90.7	94.9	99.1	103.3	107.5	111.7	115.9
49	91.2	95.4	99.7	103.9	108.1	112.4	116.6
50	91.6	95.9	100.2	104.4	108.7	113.0	117.3
51	92.1	96.4	100.7	105.0	109.3	113.6	117.9
52	92.5	96.9	101.2	105.6	109.9	114.2	118.6
53	93.0	97.4	101.7	106.1	110.5	114.8	119.2
54	93.4	97.8	102.3	106.7	111.1	115.3	119.9

Umur (bulan)	Panjang Badan (cm)					
	-3 SD	-2 SD	-1 SD	Median	+1 SD	+2 SD
55	93.9	98.3	102.8	107.2	111.7	116.1
56	94.3	98.8	103.3	107.8	112.3	116.7
57	94.7	99.3	103.8	108.3	112.8	117.4
58	95.2	99.7	104.3	108.9	113.4	118.0
59	95.6	100.2	104.8	109.4	114.0	118.6
60	96.1	100.7	105.3	110.0	114.6	119.2

Keterangan: * Pengukuran TB dilakukan dalam keadaan anak berdiri.

Tabel 4. Standar Berat Badan menurut Panjang Badan (BB/PB)
Anak Laki-Laki Umur 0-24 Bulan

Panjang Badan (cm)	Berat Badan (Kg)					
	-3 SD	-2 SD	-1 SD	Median	+1 SD	+2 SD
45.0	1.9	2.0	2.2	2.4	2.7	3.0
45.5	1.9	2.1	2.3	2.5	2.8	3.1
46.0	2.0	2.2	2.4	2.6	2.9	3.1
46.5	2.1	2.3	2.5	2.7	3.0	3.2
47.0	2.1	2.3	2.5	2.8	3.0	3.3
47.5	2.2	2.4	2.6	2.9	3.1	3.4
48.0	2.3	2.5	2.7	2.9	3.2	3.5
48.5	2.3	2.6	2.8	3.0	3.3	3.7
49.0	2.4	2.6	2.9	3.1	3.4	3.8
49.5	2.5	2.7	3.0	3.2	3.5	3.9
50.0	2.6	2.8	3.0	3.3	3.6	4.0
50.5	2.7	2.9	3.1	3.4	3.8	4.1
51.0	2.7	3.0	3.2	3.5	3.9	4.3
51.5	2.8	3.1	3.3	3.6	4.0	4.4
52.0	2.9	3.2	3.5	3.8	4.1	4.5
52.5	3.0	3.3	3.6	3.9	4.2	4.6
53.0	3.1	3.4	3.7	4.0	4.4	4.8
53.5	3.2	3.5	3.8	4.1	4.5	4.9
54.0	3.3	3.6	3.9	4.3	4.7	5.1
54.5	3.4	3.7	4.0	4.4	4.8	5.3

Panjang Badan (cm)	Berat Badan (Kg)					
	-3 SD	-2 SD	-1 SD	Median	+1 SD	+2 SD
71.5	6.9	7.5	8.1	8.8	9.5	10.4
72.0	7.0	7.6	8.2	8.9	9.6	10.5
72.5	7.1	7.6	8.3	9.0	9.8	10.6
73.0	7.2	7.7	8.4	9.1	9.9	10.7
73.5	7.2	7.8	8.5	9.2	10.0	10.8
74.0	7.3	7.9	8.6	9.3	10.1	11.0
74.5	7.4	8.0	8.7	9.4	10.2	11.2
75.0	7.5	8.1	8.8	9.5	10.3	11.3
75.5	7.6	8.2	8.8	9.6	10.4	11.4
76.0	7.6	8.3	8.9	9.7	10.6	11.5
76.5	7.7	8.3	9.0	9.8	10.7	11.6
77.0	7.8	8.4	9.1	9.9	10.8	11.7
77.5	7.9	8.5	9.2	10.0	10.9	11.9
78.0	7.9	8.6	9.3	10.1	11.0	12.0
78.5	8.0	8.7	9.4	10.2	11.1	12.1
79.0	8.1	8.7	9.5	10.3	11.2	12.2
79.5	8.2	8.8	9.5	10.4	11.3	12.3
80.0	8.2	8.9	9.6	10.4	11.4	12.4
80.5	8.3	9.0	9.7	10.5	11.5	12.5
81.0	8.4	9.1	9.8	10.6	11.6	12.6
81.5	8.5	9.1	9.9	10.7	11.7	12.7
82.0	8.5	9.2	10.0	10.8	11.8	12.8
82.5	8.6	9.3	10.1	10.9	11.9	13.0
83.0	8.7	9.4	10.2	11.0	12.0	13.1
83.5	8.8	9.5	10.3	11.2	12.1	13.2
84.0	8.9	9.6	10.4	11.3	12.2	13.3
84.5	9.0	9.7	10.5	11.4	12.4	13.5
85.0	9.1	9.8	10.6	11.5	12.5	13.6
85.5	9.2	9.9	10.7	11.6	12.6	13.7
86.0	9.3	10.0	10.8	11.7	12.8	13.9
86.5	9.4	10.1	11.0	11.9	12.9	14.0
87.0	9.5	10.2	11.1	12.0	13.0	14.2
87.5	9.6	10.4	11.2	12.1	13.2	14.3

Panjang Badan (cm)	Berat Badan (Kg)					
	-3 SD	-2 SD	-1 SD	Median	+1 SD	+2 SD
55.0	3.6	3.8	4.2	4.5	5.0	5.8
55.5	3.7	4.0	4.3	4.7	5.1	5.6
56.0	3.8	4.1	4.4	4.8	5.3	5.8
56.5	3.9	4.2	4.6	5.0	5.4	5.9
57.0	4.0	4.3	4.7	5.1	5.6	6.1
57.5	4.1	4.3	4.9	5.3	5.7	6.2
58.0	4.3	4.6	5.0	5.4	5.9	6.4
58.5	4.4	4.7	5.1	5.6	6.1	6.6
59.0	4.5	4.8	5.3	5.7	6.2	6.8
59.5	4.6	5.0	5.4	5.9	6.4	7.0
60.0	4.7	5.1	5.5	6.0	6.5	7.1
60.5	4.8	5.2	5.6	6.1	6.7	7.3
61.0	4.9	5.3	5.8	6.3	6.8	7.4
61.5	5.0	5.4	5.9	6.4	7.0	7.6
62.0	5.1	5.6	6.0	6.5	7.1	7.7
62.5	5.2	5.7	6.1	6.7	7.2	7.9
63.0	5.3	5.8	6.2	6.8	7.4	8.0
63.5	5.4	5.9	6.4	6.9	7.5	8.2
64.0	5.5	6.0	6.5	7.0	7.6	8.3
64.5	5.6	6.1	6.6	7.1	7.8	8.5
65.0	5.7	6.2	6.7	7.3	7.9	8.6
65.5	5.8	6.3	6.8	7.4	8.0	8.7
66.0	5.9	6.4	6.9	7.5	8.2	8.9
66.5	6.0	6.5	7.0	7.6	8.3	9.0
67.0	6.1	6.6	7.1	7.7	8.4	9.2
67.5	6.2	6.7	7.2	7.9	8.5	9.3
68.0	6.3	6.8	7.3	8.0	8.7	9.4
68.5	6.4	6.9	7.5	8.1	8.8	9.6
69.0	6.5	7.0	7.6	8.2	8.9	9.7
69.5	6.6	7.1	7.7	8.3	9.0	9.8
70.0	6.6	7.2	7.8	8.4	9.2	10.0
70.5	6.7	7.3	7.9	8.5	9.3	10.1
71.0	6.8	7.4	8.0	8.6	9.4	10.2

Panjang Badan (cm)	Berat Badan (Kg)					
	-3 SD	-2 SD	-1 SD	Median	+1 SD	+2 SD
88.0	9.7	10.5	11.3	12.2	13.3	14.5
88.5	9.8	10.6	11.4	12.4	13.4	14.6
89.0	9.9	10.7	11.5	12.5	13.5	14.7
89.5	10.0	10.8	11.6	12.6	13.7	14.9
90.0	10.1	10.9	11.8	12.7	13.8	15.0
90.5	10.2	11.0	11.9	12.8	13.9	15.1
91.0	10.3	11.1	12.0	13.0	14.1	15.2
91.5	10.4	11.2	12.1	13.1	14.2	15.3
92.0	10.5	11.3	12.2	13.2	14.3	15.6
92.5	10.6	11.4	12.3	13.3	14.4	15.7
93.0	10.7	11.5	12.4	13.4	14.6	15.8
93.5	10.7	11.6	12.5	13.5	14.7	16.0
94.0	10.8	11.7	12.6	13.7	14.8	16.1
94.5	10.9	11.8	12.7	13.8	14.9	16.3
95.0	11.0	11.9	12.8	13.9	15.1	16.4
95.5	11.1	12.0	12.9	14.0	15.2	16.5
96.0	11.2	12.1	13.1	14.1	15.3	16.7
96.5	11.3	12.2	13.2	14.3	15.5	16.8
97.0	11.4	12.3	13.3	14.4	15.6	17.0
97.5	11.5	12.4	13.4	14.5	15.7	17.1
98.0	11.6	12.5	13.5	14.6	15.9	17.3
98.5	11.7	12.6	13.6	14.8	16.0	17.5
99.0	11.8	12.7	13.7	14.9	16.2	17.6
99.5	11.9	12.8	13.9	15.0	16.3	17.8
100.0	12.0	12.9	14.0	15.2	16.5	18.0
100.5	12.1	13.0	14.1	15.3	16.6	18.1
101.0	12.2	13.2	14.2	15.4	16.8	18.3
101.5	12.3	13.3	14.4	15.6	16.9	18.5
102.0	12.4	13.4	14.5	15.7	17.1	18.7
102.5	12.5	13.5	14.6	15.9	17.3	18.8
103.0	12.6	13.6	14.8	16.0	17.4	19.0
103.5	12.7	13.7	14.9	16.2	17.6	19.2
104.0	12.8	13.9	15.0	16.3	17.8	19.4

Tinggi Badan (cm)	Berat Badan (Kg)						
	-3 SD	-2 SD	-1 SD	Median	+1 SD	+2 SD	+3 SD
72.5	7.2	7.8	8.4	9.1	9.9	10.8	11.8
73.0	7.3	7.9	8.5	9.2	10.0	11.0	12.0
73.5	7.4	7.9	8.6	9.3	10.2	11.1	12.1
74.0	7.4	8.0	8.7	9.4	10.3	11.2	12.2
74.5	7.5	8.1	8.8	9.5	10.4	11.3	12.4
75.0	7.6	8.2	8.9	9.6	10.5	11.4	12.5
75.5	7.7	8.3	9.0	9.7	10.6	11.5	12.6
76.0	7.7	8.4	9.1	9.8	10.7	11.6	12.7
76.5	7.8	8.5	9.2	9.9	10.8	11.8	12.9
77.0	7.9	8.5	9.2	10.0	10.9	11.9	13.0
77.5	8.0	8.6	9.3	10.1	11.0	12.0	13.1
78.0	8.0	8.7	9.4	10.2	11.1	12.1	13.3
78.5	8.1	8.8	9.5	10.3	11.2	12.2	13.4
79.0	8.2	8.8	9.6	10.4	11.3	12.3	13.5
79.5	8.3	8.9	9.7	10.5	11.4	12.4	13.6
80.0	8.3	9.0	9.7	10.6	11.5	12.6	13.7
80.5	8.4	9.1	9.8	10.7	11.6	12.7	13.8
81.0	8.5	9.2	9.9	10.8	11.7	12.8	14.0
81.5	8.6	9.3	10.0	10.9	11.8	12.9	14.1
82.0	8.7	9.3	10.1	11.0	11.9	13.0	14.2
82.5	8.7	9.4	10.2	11.1	12.1	13.1	14.4
83.0	8.8	9.5	10.3	11.2	12.2	13.3	14.5
83.5	8.9	9.6	10.4	11.3	12.3	13.4	14.6
84.0	9.0	9.7	10.5	11.4	12.4	13.5	14.8
84.5	9.1	9.9	10.7	11.5	12.5	13.7	14.9
85.0	9.2	10.0	10.8	11.7	12.7	13.8	15.1
85.5	9.3	10.1	10.9	11.8	12.8	13.9	15.2
86.0	9.4	10.2	11.0	11.9	12.9	14.1	15.4
86.5	9.5	10.3	11.1	12.0	13.1	14.2	15.5
87.0	9.6	10.4	11.2	12.2	13.2	14.4	15.7
87.5	9.7	10.5	11.3	12.3	13.3	14.5	15.8
88.0	9.8	10.6	11.5	12.4	13.5	14.7	16.0
88.5	9.9	10.7	11.6	12.5	13.6	14.8	16.1

25/78

Tinggi Badan (cm)	Berat Badan (Kg)						
	-3 SD	-2 SD	-1 SD	Median	+1 SD	+2 SD	+3 SD
89.0	10.0	10.8	11.7	12.6	13.7	14.9	16.3
89.5	10.1	10.9	11.8	12.8	13.9	15.1	16.4
90.0	10.2	11.0	11.9	12.9	14.0	15.2	16.6
90.5	10.3	11.1	12.0	13.0	14.1	15.3	16.7
91.0	10.4	11.2	12.1	13.1	14.2	15.5	16.9
91.5	10.5	11.3	12.2	13.2	14.4	15.6	17.0
92.0	10.6	11.4	12.3	13.4	14.5	15.8	17.2
92.5	10.7	11.5	12.4	13.5	14.6	15.9	17.3
93.0	10.8	11.6	12.6	13.6	14.7	16.0	17.5
93.5	10.9	11.7	12.7	13.7	14.9	16.1	17.6
94.0	11.0	11.8	12.8	13.8	15.0	16.2	17.7
94.5	11.1	11.9	12.9	13.9	15.1	16.3	17.8
95.0	11.1	12.0	13.0	14.1	15.3	16.4	18.1
95.5	11.2	12.1	13.1	14.2	15.4	16.5	18.3
96.0	11.3	12.2	13.2	14.3	15.5	16.6	18.4
96.5	11.4	12.3	13.3	14.4	15.7	16.7	18.6
97.0	11.5	12.4	13.4	14.6	15.8	16.8	18.8
97.5	11.6	12.5	13.6	14.7	15.9	16.9	18.9
98.0	11.7	12.6	13.7	14.8	16.1	17.0	19.1
98.5	11.8	12.8	13.8	14.9	16.2	17.1	19.3
99.0	11.9	12.9	13.9	15.1	16.4	17.2	19.5
99.5	12.0	13.0	14.0	15.2	16.5	17.3	19.7
100.0	12.1	13.1	14.2	15.4	16.7	17.4	19.9
100.5	12.2	13.2	14.3	15.5	16.9	17.5	20.1
101.0	12.3	13.3	14.4	15.6	17.0	17.6	20.3
101.5	12.4	13.4	14.5	15.8	17.2	17.7	20.5
102.0	12.5	13.5	14.7	15.9	17.3	17.8	20.7
102.5	12.6	13.7	14.8	16.1	17.5	17.9	20.9
103.0	12.8	13.8	14.9	16.2	17.7	18.0	21.1
103.5	12.9	13.9	15.1	16.4	17.8	18.1	21.3
104.0	13.0	14.0	15.2	16.5	18.0	18.2	21.6
104.5	13.1	14.2	15.4	16.7	18.2	18.3	21.8
105.0	13.2	14.3	15.5	16.8	18.4	18.4	22.0

26/78

Tinggi Badan (cm)	Berat Badan (Kg)						
	-3 SD	-2 SD	-1 SD	Median	+1 SD	+2 SD	+3 SD
105.5	13.3	14.4	15.6	17.0	18.5	20.3	22.2
106.0	13.4	14.5	15.8	17.2	18.7	20.5	22.5
106.5	13.5	14.7	15.9	17.3	18.9	20.7	22.7
107.0	13.7	14.8	16.1	17.5	19.1	20.9	22.9
107.5	13.8	14.9	16.2	17.7	19.3	21.1	23.2
108.0	13.9	15.1	16.4	17.8	19.5	21.3	23.4
108.5	14.0	15.2	16.5	18.0	19.7	21.5	23.7
109.0	14.1	15.3	16.7	18.2	19.8	21.8	23.9
109.5	14.3	15.5	16.8	18.3	20.0	22.0	24.1
110.0	14.4	15.6	17.0	18.5	20.2	22.2	24.3
110.5	14.5	15.8	17.1	18.7	20.4	22.4	24.7
111.0	14.6	15.9	17.3	18.9	20.7	22.7	25.0
111.5	14.8	16.0	17.5	19.1	20.9	22.9	25.2
112.0	14.9	16.2	17.6	19.2	21.1	23.1	25.5
112.5	15.0	16.3	17.8	19.4	21.3	23.4	25.8
113.0	15.2	16.5	18.0	19.6	21.5	23.6	26.0
113.5	15.3	16.6	18.1	19.8	21.7	23.9	26.3
114.0	15.4	16.8	18.3	20.0	21.9	24.1	26.6
114.5	15.6	16.9	18.5	20.2	22.1	24.4	26.9
115.0	15.7	17.1	18.6	20.4	22.4	24.6	27.2
115.5	15.8	17.2	18.8	20.6	22.6	24.9	27.5
116.0	16.0	17.4	19.0	20.8	22.8	25.1	27.8
116.5	16.1	17.5	19.2	21.0	23.0	25.4	28.0
117.0	16.2	17.7	19.3	21.2	23.3	25.6	28.3
117.5	16.4	17.9	19.5	21.4	23.5	25.9	28.6
118.0	16.5	18.0	19.7	21.6	23.7	26.1	28.9
118.5	16.7	18.2	19.9	21.8	23.9	26.4	29.2
119.0	16.8	18.3	20.0	22.0	24.1	26.6	29.5
119.5	16.9	18.5	20.2	22.2	24.4	26.9	29.8
120.0	17.1	18.6	20.4	22.4	24.6	27.2	30.1

27/78

10. Setelah melakukan skrining status gizi di pertanyaan sebelumnya lakukan penilaian status gizi untuk pertanyaan selanjutnya

